

# 2020 A YEAR TO BE SET FREE

## April 24-25 – “The Human Condition Seminar”

With Anna Zaccardo of Living Free Counseling

The purpose of this seminar will be to bring an awakening to pastors and church leaders relative to the human condition and understanding regarding how to help people as effectively as possible. – The design for this is a Friday evening teaching session; then Saturday morning teaching followed by breakout sessions for discussion; then lunch; then more teaching.

Sponsored by One-in-Christ  
Hosted by Hillcrest Baptist Church.  
40 Hallock Street, Jamestown

**For:** Pastors and church leaders who have been recommended for this by their pastor.

**Times:** 7:00 – 9:30 p.m. Friday and 10:30 a.m. – 4:00 p.m. Saturday

**Fees:** \$95 per person.

- Early-bird - by March 14, only \$79 per person.
- Group rate - five or more people from the same church; just \$69 per person if registered by March 14<sup>th</sup>.



Anna Zaccardo, MS, LPC, LMHC, NCC, BCC

Anna Zaccardo is the owner of Living Free, Southern Tier Mental Health Counseling, PLLC. Anna has over 25 years of experience as a Christian therapist, educator and administrator. She enjoys employing a creative approach to her counseling and uses her skills in art and play therapy to enhance her sessions. She specializes in the treatment of trauma and abuse, anxiety, and mood disorders.

Anna has had the opportunity to lecture at Universities, colleges, and corporations. She is also active in community affairs and has been involved with the National Initiatives on Child Advocacy Centers, School Readiness, Headstart, Healthy Start, School based Health Centers, and the Children First Initiative.

Anna is a Nationally Certified Counselor and is licensed in both Connecticut and New York State. She is a certified Rape Crisis Counselor and is trained as a child forensic interviewer.

Anna graduated from Geneva College in Beaver Falls, PA, with a degree in Psychology, and then earned her Master's Degree in Counseling from Western Connecticut State University. She has been in private practice for 14 years.

**“The Human Condition Seminar”**  
**Daily Schedule**

Friday, April 24 – 7:00-9:30 P.M.

7:00-7:30 – Introductions of Living Free staff and Conference overview

7:30-8:30 – Keynote presentation by Jaime Barkwell with Pastoral testimony by Tara Terry

8:30-9:30 – Meet and greet

Saturday, April 25 – 10:30 A.M. – 4:00 P.M.

10:30-10:45 – Introductions of Today’s agenda

10:45-11:30 – Keynote presentation by Anna Zaccardo

11:30-12:15 – Lunch

12:15-1:15 – Workshop #1, True/False Self (finding wounding and blind spots) – Discover how Satan employs natural God given means of growth and development to rick us into a false self we believe is real and then live out. The results are recognizable, but little understood as supernatural in origin yet organic in practice – anxiety, burn out, depression, addictions, self/other sabotage, personality disorders, even criminal behavior.

1:15-1:30 – Break

1:30-2:30 – Workshop #2, Maturing God’s way vs. the “right” way – Learning to recognize our expectations of how healing and growth “should” look and how it differs from God’s path of transformation.

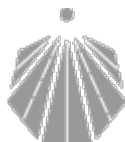
2:30-2:45 – Break

2:45-3:45 – Workshop #3, Knowing when to refer to professional counseling and ways to collaborate – review real life examples of issues commonly experienced in churches and seen in pastoral counseling, then learn key indicators to identify who will benefit from pastoral counseling and who needs clinical intervention; discuss helpful ways to collaborate with professional counseling to maximize good outcomes and prevent relapse.

3:45-4:00 – Wrap up and dismissal

Print and mail

Print and mail



**OIC Jamestown**  
**"The Human Condition Seminar"**

**REGISTRATION FORM**

Mail in your registration by the 14<sup>th</sup> of March to get the "early-bird" rate and/or group rate.

**Please print clearly**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Your E-mail: \_\_\_\_\_

Your church name & city & state: \_\_\_\_\_

\_\_\_\_\_

If you are a lay person, please have your pastor sign here to indicate he/she has recommended you:

Pastor's name and signature: \_\_\_\_\_

Registration fee: \_\_\_\_\_ \$95 per person. \_\_\_\_\_ \$79 if postmarked by the 14<sup>th</sup> of March

\_\_\_\_\_ \$69 per person if five or more register together from the same church

(Mail all of these group registrations together in the same envelope. Be sure to affix enough postage.)

Amount enclosed: \$ \_\_\_\_\_ (Make cheques payable to **The Better Place, Inc.**)

Registrations should be mailed to:  
**The Better Place, Inc. – PO Box 532, Jamestown, NY 14702**

Print and mail

Print and mail